

## SERVICES:

- Intensive out-patient
- Case management
- Mental health services
- Parenting groups
- Cultural groups
- Medication-assisted treatment referrals

## CONTACT INFO:

Call Giiwanikimiin Supportive Housing at (218) 936-2442 ask for the MOMS program.

Located at Giiwanikimiin Supportive Housing in Naytahwaush, north of the Community Service Center (Sports Complex).



## FOR MORE INFORMATION:

White Earth website - [whiteearth.com](http://whiteearth.com)

White Earth Facebook page:  
[facebook.com/WhiteEarthNation](https://facebook.com/WhiteEarthNation)

YouTube Video:  
Search: White Earth MOMS Program.  
This YouTube video explains the program and the services we offer.

[www.fda.gov](http://www.fda.gov)  
[valhallaplace.com](http://valhallaplace.com)  
[www.nih.gov](http://www.nih.gov)



*MOMS program is owned and operated by the White Earth Tribe.*

*Goo Ko mis i naan  
Goo zhi shenh yag  
Mii Na Waa  
Mino bimaadizi Win*

*M.O.M.S.*

*Maternal  
Outreach &  
Mitigation  
Services*

*Providing holistic services for pregnant mothers in a supportive environment to deal with the medical, spiritual and emotional problems caused by addictions to drugs such as opiates like heroin.*

*Goo Ko mis i naan*  
*Goo zhi shenh yag*  
*Mii Na Waa*  
*Mino bimaa dizi Win*

**M.O.M.S. Program**

MOMS is a program for mothers experiencing heroin or other opiate addictions. The program is run by Tribal members who have experience in substance abuse, harm reduction coalition, nursing, and want to help women who are pregnant or parenting and suffering from opiate addiction problems.

MOMS Program offers medicated assisted treatment for mothers who need this support in order to stop using heroin or other opiates. Medicated assisted treatment includes Suboxone for non-pregnant women, and Subutex for pregnant women.

Suboxone is the recommended treatment for non-pregnant women, while Subutex is recommended for pregnant women. It's shown to be safer for pregnant women and their babies.

Women come to the MOMS program daily for their medication, meet with doctors to monitor them, and find a stable dose that neither leaves them in withdrawals nor high. White Earth partners with Valhalla to access doctors. Moms are monitored by an RN onsite. The program assists women with getting pregnancy care in-

cluding an OB/GYN, nurse practitioner or midwife and getting them to prenatal appointments to receive appropriate care and monitoring of the baby. At birth the medical team is aware of the medication taken during pregnancy.

Women involved in the MOMS program have substance abuse services with intensive outpatient groups, rule 25's, and on site one on one counseling. MOMS program also offers a team of mental health professionals on-site. Program participation for medication assistance includes participation in both substance abuse and mental health services.

MOMS program offers on-site cultural groups, circles, beading, crafts, and links to spiritual services. Additional programs offering services on site include parenting, early childhood education, cooking and nutrition classes as well as support services for infants and children. Supportive Housing is another component women can qualify for, allowing them to reside on-site where all of the services are offered.

MOMS fully involved in this program will not have their child removed at birth for being on Subutex. Indian Child Welfare fully supports the program as a way to stay out of child protection.

The Civil commitment program makes referrals to the MOMS program as a way to avoid a court ordered civil commitment.

Women who can safely stop using heroin or other opiates without medicated assistance do not need this program. However, the risks to an unborn baby for women who continuously go through heroin or other opiate use and withdrawals during pregnancy are not good. The intoxication and withdrawal experienced by baby is dangerous. It can result in loss of oxygen, fetal distress, and miscarriage. When mom is addicted to heroin, the unborn baby becomes dependent. This program tries to stop repetitive heroin withdrawals in pregnant women, and offer a safer alternative. MOMs program also hopes to reduce other harms that come with heroin and opiate addictions, such as HIV, Hepatitis, use of other illegal drugs or alcohol while pregnant; poor nutrition; illegal activity; and stress.

MOMS program is a voluntary community – based support system for our mothers experiencing opiate addictions. If you have any questions at all about the program for yourself or a loved one, please contact the MOMS Program.